

Homeopathic Ledum Palustre is the best defense against Lyme and other tick diseases. This homeopathic remedy has been successfully used for years by Dr. Steven Tobin of CT in the treatment of Lyme disease. We at Save A Dog have used it successfully to treat and prevent the various tick-borne illnesses. Homeopathic remedies come in different potencies, which have to do with the number of times the remedy is diluted and processed or potentized. Ledum in a 1M potency is used to treat lyme and the 200c potency is given following a tick bite to prevent lyme and other tick-borne diseases.

Directions for Mixing the Remedy: With dogs, an effective way to administer the remedy is to mix the dry pellets into purified or distilled water. **Tap 2-3 pellets of the remedy you're going to use into a bottle containing 4 oz. of spring or distilled water. Let the pellets dissolve for about 5 minutes, then shake vigorously and give the bottle a couple of thwacks on your open hand.** Give 1cc to ½ tsp directly onto your pet's tongue or gums. You can always pour a little in an empty cup or bowl for him to drink (after shaking or stirring the mixture) or put a capful into your dog's water bowl. If you're using an eye dropper, just draw up what you can, usually 1/3 of a dropper and drop it onto the tongue. See <http://animalwellnessguide.com/give-homeopathic-remedies-pet/>

How often to give the remedy: If your dog was bitten by a tick, give the remedy three times a day for 3 days. You can put the remedy mixture in your dog's drinking water, but not in food. Wait one week and give another dose, morning and evening. If ticks are active, follow the maintenance plan below. It's best to make up a fresh batch at that point.

Prevention and Maintenance Plan: During tick season if your dog is getting bit by ticks that might also be carrying other tick diseases, such as ehrlichia or anaplasmosis, you should give the Ledum 200c once a week or just put in your dog's water bowl. The Ledum remedy works for all tick diseases.

If you don't have a bottle you can mix into a glass: Tap 1 or 2 pellets (4-5 if the remedy is in the tiny pellet form) of the remedy you're going to use into a glass containing 4 oz. of purified or distilled water. Stir until dissolved. Each time you give a dose, you need to stir the water briskly first. Cover the cup and keep in fridge. After a week or so, discard the remedy and run the glass through the dishwasher before making a fresh solution.

Some General Tips on How to Store Homeopathic remedies.

1. Store in a cool dark place, away from strong-smelling substances such as eucalyptus, camphor, oil of cloves, Vick's vapor rub and aromatherapy oils. It is not a good idea, therefore, to keep them in the bathroom.
2. Do not store remedies near *mobile phones, televisions, microwave ovens or computers.* *Homeopathy is energy medicine so these things can disturb the energy.*
3. Do not store where there is direct sunlight, or excessive heat or cold.
4. Most remedies that are mixed in water last about 1-2 weeks, longer if alcohol (vodka) was added and just a few drops is needed). It is best to store in the fridge.

Where to buy homeopathic remedies

- Washington Homeopathic Products: <http://www.homeopathyworks.com/>
- Vitamin Shoppe or Whole Foods (Boiron brand)